

**MEETS FIRST WEDNESDAY OF EACH MONTH - Orientation @ 6:30pm / Business Meeting @ 7:30pm**

Join Zoom Meeting - Orientation Begins at 6:30 PM Business Meeting at 7:30 PM  
<https://us02web.zoom.us/j/3172595765?pwd=L3grSk5KQkZlMGtIT0dOMWY2K3Z6UT09>  
**Meeting ID: 317 259 5765**  
**Passcode: ACTION**

The Hospitals & Institutions (H&I) Committee carries the message of Alcoholics Anonymous to people who are confined in hospitals and institutions. This listing includes H&I meetings in Area 53, as well as names and contact info for Area 53 Committee and Subcommittee chairpersons whom can provide you with more information about these meetings. All H&I participants are encouraged to attend the Beginners' Orientation to familiarize themselves with the Principles and guidelines of the pink "H&I Policy and Procedures" pamphlet and are welcome to attend the H&I Business Meeting that follows.

Area Chairperson	Annie G.	(415) 425-9565	annie.gullingsrud@gmail.com
Regional Chairperson	Peter M.	(510) 909-1638	mitchell.peter@att.net
Literature Chairperson	Miles G.	(415) 269-5929	miles.gullingsrud@gmail.com
Recording Secretary	Anny O.	(925) 250-7537	Annynchester@comcast.net
Secretary	Rebecca T.	(510) 910-3400	bayareabex@gmail.com
Treasurer	Julio B.	(510) 326-8052	juliobarba@sbcglobal.net

**LEGEND:**  
**GPS: GOOD PLACE TO START**  
**NGP: NOT A GOOD PLACE TO START**  
**DC: DRESS CODE**

**DD: Dual Diagnosis**      **M: Mens**  
**SB: Sponsored By**      **W: Womens**  
**LF: Locked Facility**      **C: Coed**

**RECOVERY CENTERS - CO-CHAIR: Rebecca T. (510) 910-3400 bayareabex@gmail.com**

NAME OF FACILITY	DAY & TIME	LOCATION	COORDINATOR	MTG GENDER	START CODE, FACILITY TYPE	STATUS	SERVICE NOTES
Chrysalis House	MON 7PM	OAKLAND	Chase C.	W	GPS, DD, 15 Beds, 6-9 MO Residential live-in	IN PERSON MEETINGS	SECRETARIES NEEDED 2nd & 5th MONDAYS
Cronin House	FRI 7PM	OAKLAND	Rey	M	GPS, Residential live-in	IN PERSON MEETINGS	SECRETARIES NEEDED ALL WEEKS!!
El Chante -Spanish Mtg	TUES 7 PM	OAKLAND	<b>COORDINATOR NEEDED</b>	M	GPS, TWO MEETINGS AT SAME TIME! SPANISH AND ENGLISH IN TANDEM!	IN PERSON MEETINGS	<b>COORDINATOR &amp; ALTERNATE SECRETARIES NEEDED -- Speakers Always Needed, especially bilingual</b>
El Chante - English Mtg	TUES 7 PM	OAKLAND		M			
Magnolia House Andover	TUES 6:30PM	OAKLAND	Amy	W	GPS - Women and young children	IN PERSON MEETINGS	Speakers Always Welcome
MPI (Summit Hospital)	WED 8PM	OAKLAND	Tracy L	COED	GPS: MEETING "OPEN" TO ALUMNI !!	IN PERSON MEETINGS	Speakers Always Needed
NewBridge (Helios)	?	BERKELEY	Richard	COED	GPS, Short term program, 30 days	ON HOLD	Facility still locked down, in regular communication to coordinate returning to in-person meetings
Orchid House	FRI 7PM	OAKLAND	Theda	W	GPS, Jail Alternative, Perinatal	IN PERSON MEETINGS	Speakers Always Needed
Salvation Army ARC	MON 7 PM	OAKLAND	Josh	M	NGP, DC, 6-12 mo Residential	IN PERSON MEETINGS	Speakers Always Welcome
	TUES 8 PM		<b>COORDINATOR NEEDED</b>			IN PERSON MEETINGS	<b>COORDINATOR &amp; ALTERNATE SECRETARY NEEDED</b>
	THURS 8 PM		Austin L			IN PERSON MEETINGS	<b>ALTERNATE SECRETARY NEEDED 2nd &amp; 4th THURS</b>
	FRI 8PM		Charles C.			IN PERSON MEETINGS	Speakers Always Welcome
	SAT 3 PM		Rabin			IN PERSON MEETINGS	Speakers Always Needed
Serenity House	2nd & 4th THURS 6PM	OAKLAND	Deborah	W	GPS	H&I ZOOM MEETINGS	Speakers Always Welcome
Shepard's Gate	THURS 6pm	LIVERMORE	Dianne	W	GPS	H&I ZOOM MEETINGS (moving towards in-person meetings)	Speakers Always Needed
Thunder Road	?	OAKLAND		M	GPS, LF, TEEN	ON HOLD	

**COMMUNITY CENTERS - CO-CHAIR: Chase C. 707-334-9115 area53handi@gmail.com**

FACILITY	DAY & TIME	LOCATION	COORDINATOR	MTG GENDER	START CODE, FACILITY TYPE	STATUS	SERVICE NOTES
Alta Bates Adolescent Unit	THURS 7:30-8:30PM	Berkeley	Scott	COED	NGP, DD, LF, TEEN 5150	ON HOLD	Approached about Zoom meetings: prefers to wait for face-to-face meetings
Alta Bates/Herrick 4B	WEDS 2PM	Berkeley	Lindsay P.	COED	GPS, DD, LF	IN PERSON MEETINGS SOON!	2 SECRETARIES NEEDED
Alta Bates/Herrick Campus/Geriatric Ward	?	Berkeley		COED	GPS, DD, LF	ON HOLD	Approached about Zoom meetings: prefers to wait for face-to-face meetings
Cherry Hill Detox	MON 2PM	SAN LEANDRO	Elly G.	COED	GPS, DD, Detox Facility County facility on Fairmount Hospital Campus	IN PERSON MEETINGS	Speakers Needed
	TUES 7PM		Elly G.				
	WED 7PM		Terry P.				
	THURS 7PM		Nick T.				
Crestwood Manor	TUES 6PM	FREMONT	Dave	COED	GPS, DD, LF, Long-term facility	ON HOLD	Unable to attend Zoom due to HIPPA concerns
Crestwood Treatment Cntr	(every other) THURS 7PM	FREMONT		COED	GPS, DD, LF, Brain damaged "They love AA & Grapevine!!"	ON HOLD	Unable to attend Zoom due to HIPPA concerns
East Oakland Project	WED 7PM	OAKLAND		COED	GPS	ON HOLD	
Fairmont Hospital	2nd & 4th TUES 3:30 PM	SAN LEANDRO	Hannah M.	COED	GPS Long term residential care	ZOOM MEETINGS	SECRETARY NEEDED 2nd & 4th TUES
Fremont Hospital - Adults	SUN 4PM	FREMONT	Matt G.	COED	GPS, LF	ON HOLD	Unable to attend Zoom due to HIPPA concerns
Fremont Hospital - Teens	?	FREMONT		COED		ON HOLD	
Gladman Hospital	2ND AND 4TH TUES 7:15PM	OAKLAND	Temp Coordinator: Jessica	COED	NGP, LF, Psych Facility	ON HOLD	Unable to attend Zoom due to HIPPA concerns
Heritage House	SUN 3:15 - 4PM	OAKLAND	Shane H.	COED	GPS; DD, LF	IN PERSON MEETINGS	Speakers Welcome
Jay Mahler Recovery Cntr	TUES 7:30PM	San Leandro	Dave F.	COED	GPS, DD, 30-day program, located on Fairmont Hospital Campus	IN PERSON MEETINGS	Speakers Needed
John George Psychiatric	MON 7PM	SAN LEANDRO	Dave B.	COED	GPS, Short term psych facility	IN PERSON MEETINGS	COORDINATOR NEEDED THURSDAY SECRETARIES NEEDED 1st & 3rd MONDAYS!
	THURS 1:30PM	SAN LEANDRO	COORDINATOR NEEDED	COED			
Magnolia Recovery Center	WED 7PM	S. HAYWARD	Liz T.	W	GPS, DD, Women's Perinatal Jail Alternative	IN PERSON MEETINGS	Speakers Welcome
Villa Fairmont	MON 3:15-4:15 PM and FRIDAY 2:15-3PM	SAN LEANDRO	Dave	COED	GPS, DD, "John George Grads"	IN PERSON MEETINGS	
Willow Rock	WED 7PM	SAN LEANDRO	Terri L.	COED	NGP, LF, DC, TEEN age 12-17	IN PERSON MEETINGS	Speakers Needed: Must show proof of vaccination, proof of a booster, or a negative test within 24-hours prior to entry. Masks are still required to be worn at all times.

**CORRECTIONAL FACILITIES- CO-CHAIR CHAIR: Linda S 925-683-4741 [linspencer@aol.com](mailto:linspencer@aol.com)**  
**NOTE: CLEARANCE AND PRIOR H&I EXPERIENCE REQUIRED, ALL CORRECTIONAL FACILITIES**

FACILITY	DAY & TIME	LOCATION	COORDINATOR	MTG GENDER	START CODE, FACILITY TYPE	STATUS	SERVICE NOTES
Federal Corrections Institution (FCI / CAMP)	MON 5:20 PM	DUBLIN	Linda S.	W	Minimum security womens	<b>BEGINNING RE-OPENING PROCESS</b>	2-years sobriety and previous H&I exp required. Male and Female volunteers needed, clearance & training necessary.
Federal Corrections Institution (FCI) (Medium Security)	MON 7:30 PM	DUBLIN	Linda S.	W	Medium security womens	<b>BEGINNING RE-OPENING PROCESS</b>	2-years sobriety and previous H&I exp required. Male and Female volunteers needed, clearance & training necessary.
San Quentin State Penitentiary	Meetings 6 days/week	SAN QUENTIN	Bob W.	M	Felony convictions must be older than 10 yrs; Misd. must be older than 5 yrs.	<b>IN PERSON MEETINGS</b>	Volunteer roster currently filled
San Quentin Inside Voluntary Sponsorship		SAN QUENTIN	Miles G.	M	<b>Sponsorship for prisoners (no visits during Covid, Sponsor-by-mail).</b>	<b>ACTIVE PROGRAM</b>	Male vols, 5 Years Sobriety & solid sponsorship exp. <b>Spanish-speaking sponsors needed.</b> Visit H&I Website or email: <a href="mailto:handi.ivss@gmail.com">handi.ivss@gmail.com</a>
Santa Rita Men's Jail	TUES 7-9 PM	DUBLIN	Larry	M	Min. Security		Unable to attend Zoom due to security concerns
Santa Rita Women's Jail	SAT 10AM & 1:30PM	DUBLIN	Anna	W	<b>Strict Dress Code</b> - Business Casual clothing - Tattoos must be covered		Unable to attend Zoom due to security concerns

**CORRECTIONAL FACILITIES ORIENTATION REQUIRED:**

For more information or to get involved with Bridging the Gap, please go to [www.btgww.org](http://www.btgww.org)